



SHOOTING STARZ

There are no single Starz in a team, together you are an amazing constellation burning bright!



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AS YOU CAN SEE WE HAVE
SPACE FOR MORE SPONSORS
AND SUPPORTERS 😊

2014 SEASON - ISSUE 13 WEEK BEGINNING 6 MAY

Current information can also be found on our Facebook page,
our club website - www.pineriversunited.org.au or on the
Pine Rivers Netball Association website -
<http://www.pinerivers.qld.netball.com.au>

You've got to get up every
morning with determination if
you're going to go to bed with
satisfaction - George Horace
Lorimer



STARZ CELEBRATIONS

We wish our following Starz family members 'Sparkly
Starz Wishes' for this week. Happy Birthday to Nellie G.
(11), Tamara W. (11), Jayne M. (19), Jade S. (9), Natasha S.
(24), Abbie R. (10) and Courtney B. (12). We hope you
have a wonderful day with family and friends.



WHAT'S HAPPENING



PRNA SATURDAY BARBECUES -
RAISING FUNDS FOR THE REP TEAMS
Saturday 10 May - In support of the 14-1 Rep Team



PRUSC RAINBOW WEEK - 8 June - 14 June, 2014

Orders for shoelaces and wrist bands close on Thursday 15 May. Only \$2.00 each and supports a great charity. Please see your Manager for more information.



UNITED STARZ TEAM PHOTOS

Saturday 24 May - Please keep the full day free. More details to follow soon.



FOOTY DOUBLES - UNITED STARZ FUNDRAISER

Game 2 of the State of Origin

More information in future newsletters. Footy Doubles will be issued on Team Photo Day.



CARSELDINE BUNNINGS SAUSAGE SIZZLE FOR UNITED STARZ NETBALL

THIS FRIDAY - STILL AFTER HELPERS!!!!

If you can help can you please contact our Fundraising Co-Ordinator Kim Chambers at kimchambers@optusnet.com.au or 0414 686 204. Just a few hours in the middle of the day would be wonderful.



PRNA CHARITY DAY TO SUPPORT THE HOMELESS

This Saturday - 10 May



It would be wonderful if EACH United Starz Player could donate a beanie, socks, gloves or a scarf this Saturday at the Umpires table. This will help keep the 20,000+ Homeless just a little bit warmer over winter and to let them know that people do care!!!!



With 200+ players - United Starz can brighten and warm the lives of over 200 Homeless!



PRNA GROUND DUTIES - WE ROCK!!!!

Thank you to everyone who helped with the ground duties on Saturday. As per usual we left the courts and grounds spotless.



CLUB HOODIES AND JACKETS AVAILABLE

Contact: Vanessa Maibach at starzuniforms@pineriversunited.org.au

If you are starting to feel a little chilly at the courts on Saturday or at training, Vanessa has a small stock of hoodies and jackets in the following sizes:

Hoodies	-	Childs 8, Childs 10, Childs 12, Childs 14, Large, Extra Large	@	\$42.00 each
Jackets	-	Medium, Large	@	\$90.00 each
Jackets	-	Extra Extra Large	@	\$106.00 each



PRNA INFORMATION

PRNA are very excited that 90 participants have signed up for the Umpire Development Clinic which started last Saturday. If any of our United family are doing this course can you please let our Secretary know.

LEVEL 1 UMPIRING COURSE

Sunday 1 June, 2014 from 9.00am-1.00pm at the PRNA Courts

Pre-requisite All participants must be a current 2014 registered members of Netball Queensland. Please note, if participants are not currently a 2014 registered Netball Queensland member they are reminded to make payment via their Association.

All course registrations close at 10am on the Monday prior to the date of the relevant course and once closed participants are unable to register.

More information can be found on the Netball Queensland website or have a chat to Lyn Downes at the Umpires Desk on Saturday. Click on the registration link Trybooking.com Please note, this course needs to be undertaken every six years to remain valid and current.

FOUNDATION COACHING COURSE

Sunday 25 May, 2014 from 9.00am-1.00pm at the PRNA Courts

Netball Queensland is offering a Foundation Coaching Course for any interested persons to register for. The course will be run at the PRNA courts and presented by Jo Aitken (PRNA Coaching Officer). Full details can be found on our website under 'Coaches Bench'.



RULE OF THE WEEK - PLAYING THE BALL

This week's rule is all about how we catch and pass the ball and what we can and can't do. As usual some of these rules are open to individual interpretation and we need to learn how to 'play to' the Umpires controlling each individual game.

A player MAY:

- Catch the ball with one or both hands
- Gain or regain control of the ball if it rebounds from the Goalpost
- Bat or bounce the ball to another player without first having possession of it
- Tip the ball in an uncontrolled manner once or more than once and then -
 - catch the ball; or
 - direct the ball to another player
- Having batted the ball once, either catch the ball or direct the ball to another player
- Having bounced the ball once, either catch the ball or direct the ball to another player
- Roll the ball to oneself to gain possession
- Fall while holding the ball, but must regain footing and throw within three (3) seconds of receiving the ball
- Lean on the ball to prevent going offside (hands are not allowed to touch the court)
- Lean on the ball on Court to gain balance (hands are not allowed to touch the court)
- Jump from a position in contact with the Court and play the ball, provided that neither the player nor the ball make contact with the ground, or any object or person outside the Court while the ball is being played

To avoid receiving a penalty, players should try to catch the ball cleanly and pull it in quickly.

A player MAY NOT: **Penalty - Free pass to the opposing team where the infringement occurred for the following infringements:**

- Strike the ball with a fist
- Fall on the ball to gain possession
- Attempt to gain possession of the ball while lying, sitting or kneeling on the ground
- Throw the ball while lying, sitting or kneeling on the ground
- Use the Goalpost
 - as a means of regaining balance; or
 - as a support in recovering the ball going out of Court; or
 - in any other way for any other purpose, which does not include the ball rebounding from the goalpost
- **Deliberately** kick the ball

A player who has caught or held the ball shall play it or shoot for goal within three (3) seconds. To play the ball a player **may:**

- Throw it in any manner and in any direction to another player
- Bounce it with one or both hands in any direction to another player

A player who has caught or held the ball **MAY NOT:** **Penalty – Free pass to the opposing team where the infringement occurred for the following infringements:**

- Roll the ball to another player
- Throw the ball and play it before it has been touched by another player
- Toss the ball into the air and replay it
- Drop the ball and replay it
- Bounce the ball and replay it
- Replay the ball after an unsuccessful shot at goal unless it has not touched some part of the Goalpost

If two (2) opposing players gain possession of the ball in quick succession, the Umpire shall call "Possession" and indicate the player who first caught the ball. Play shall continue with this player in possession of the ball.

Passing Distances – Short Passes. **Penalty – Free pass to the opposing team where the pass was caught for the following infringements:**

- On the Court: at the moment the ball is passed there must be room for a third player to move between the hands of the thrower and those of the receiver
- At the Throw In: at the moment the ball is passed there must be room on the Court for a third player to move between the hands of the thrower and those of the receiver

Over a Third **Penalty – Free pass to the opposing team taken just beyond the second line that the ball has crossed. Except where the ball thrown from the Centre Third passes out of Court over the Goal Line, then a Throw In shall be taken immediately behind the point where the ball crossed the line:**

- The ball may not be thrown over a complete Third without being touched or caught by a player who, at the time of touching or catching the ball is standing wholly within that Third, or who lands with the first foot, or both feet, wholly within that Third.
- A Player who lands with the first foot wholly within the correct Third is judged to have received the ball in that Third. The subsequent throw shall be considered to have been made from the Third in which the first foot landed.
- A player, who lands on both feet simultaneously with one foot wholly within the contact Third and the other in the incorrect Third, shall be penalised.



TEAM SPOTLIGHT

This week we are spotlighting our Modified 8 Little Dippers, Inter 2 Pegasus and Inter 4 Apollo teams. Their photos will be uploaded on the website in the next few days.



MATCH REPORTS FOR ROUND 6



Modified 8's – Little Dippers
Coach: Jaane Paul

Little Dippers vs ACE Dolphins
Mob: 0466 185 436 Email: jaane.paul@gmail.com

Good game Little Dippers. You played great on Saturday. Everyone got to have a go at something new and it was great to watch you all play and have fun. Your passing is improving every week and you are finding space. The Player of the Week this week was Bella. You were awesome. See everyone on Wednesday night at training.

Round 7: Saturday 10 May at 8.00am Court: 10 Versus: ACE Rosellas

**11C's - Shimmer****Coach: Rylee Woodgate****Shimmer (6) vs North Pine Possums (14)****Mob: 0438 102 439****Email: woodgate.rylee@hotmail.com**

Congrats girl, even though we didn't have a win you should all be extremely happy with how we played. Now that we are in the correct grade we can hopefully get that win we are all after. The team we played on the weekend is the top team and we only lost 6-14 which is easy to improve on. Our passes were a lot better and the majority were hard and fast to our team. Our tip count – WOW, great work girls!

Boost Juice Player of the Game Georgia - you tried 110% all game and went for every rebound, tip and lose ball down in the defence circle. Great game!

Round 7: Saturday 10 May at 9.30am Court: 7 Versus: Scorpions Dolphins

**12A's - Capricorn****Coach: Kim Chambers****Asst Coach: Rachel Toohey****Capricorn (20) vs ACE Bandicoots (16)****Mob: 0414 686 204****Email: kimchambers@optusnet.com.au**

Well girls our first game in 'A' grade and we have come away with the win, congratulations to you all. We started off a bit slow with the first quarter being a 2-2 score line. We just couldn't get the ball to flow consistently and we made it very hard for ourselves. Our sloppy passes and static play enabled Ace to forge forward in the second quarter. By halftime we seemed to be more on track and stepped up a gear and we saw some great passages of play. We need to value the ball more, we had great pressure down the court and the defence was outstanding right from the first quarter making Ace really strive for the ball. The second half was more promising and our shooters put up some great shots, combined well and had some better placement of the ball from our mid courts. We will have to work hard as a team at trainings girls to improve some aspects of our game. Well done on your enthusiasm and mature outlook to our regrading and bring on next week.

Our Boost Juice player of the day goes to Megan. Giving 100% in her position today, she had tips and turnovers and intercepts and really put pressure on the opposition. She scooped up a few loose balls and was really competing today. Well done Megan.

Round 7: Saturday 10 May at 11.00am Court: 11 Versus: North Pine Bilbies


**12C's - Scorpio****Coach: Tracy Carroll****Scorpio (18) vs Dayboro Twisters (19)****Mob: 0430 651 988****Email: tracyroberts1@live.com.au**

It was great to play some netball after a while off, welcome back to Maddie. Thank you to Sarah from 11A's for helping us out this week. We came up against Dayboro today, it took a while for the girls to get started in the 1st quarters but as they warmed up it started to get better. Bella intercepted and tipped so many passes today it was amazing, our shooters worked well together and started to take their time to shoot which was better. In the last quarter the intensity picked up and it was good to see how much you wanted it. Unfortunately it didn't happen this game but it will. Things we need to work on; we're still bunched up a lot and had some unforced errors but under the circumstances of different positions etc it was okay for 1st game returns. We need to find space better, run onto the ball, work on passing and position on court. So back to basics training until we get it right again and positions right also. It was good to see you out there and thank you again to your parents/caregivers.


Round 7: Saturday 10 May at 11.00am Court: 17 Versus: Pinecones Steel

**13B's - Taurus****Coach: Karen Cooke****Asst Coach: Rose-Maree Geaney****Taurus vs ACE Robins****Mob: 0426 077 977****Email: kaz.cooke@yahoo.com**

Round 7: Saturday 10 May at 12.30pm Court: 16 Versus: North Pine Bandicoots


 **14A's - Galaxy** **Galaxy vs Pinecones Fever**
Coach: Lana Spice Mob: 0412 388 630 Email: starzcoach@pineriversunited.org.au

Round 7: Saturday 10 May at 11.00am Court: Versus: Bye Round


 **14A's - Hercules** **Hercules vs Bye Round**
Coach: Bernie Toohey Mob: 0412 420 480 Email: starzpresident@pineriversunited.org.au

No match report - bye round

Round 7: Saturday 10 May at 11.00am Court: 2 Versus: ACE Sharks

 **14B's - Gemini** **Gemini vs ACE Wombats**
Coach: Jayne Moritz Mob: 0450 274 472 Email: moritzjayne@gmail.com

Round 7: Saturday 10 May at 11.00am Court: 4 Versus: Scorpions Raiders


 **14C's - Aries** **Aries (7) vs Dayboro Hurricanes (56)**
Coach: Ashleigh Connell Mob: 0421 967 255 Email: aries_coach_2014@outlook.com

Well girls, we were up against a very strong competitor and we should be proud of our efforts as we had some amazing passages of play in there.

Not looking at the score, we moved our circle well, considering we were one player down, and our defence end were working very hard against this team and you should be proud of your efforts and how you played.

Well done girls!


Round 7: Saturday 10 May at 11.00am Court: 10 Versus: North Pine Platypus

 **Inter 1 - Eclipse** **Eclipse vs Pinecones Pulse**
Coach: Lana Spice Mob: 0412 388 630 Email: starzcoach@pineriversunited.org.au

Round 7: Saturday 10 May at 2.00pm Court: 2 Versus: ACE Swifts

 **Inter 2 - Pegasus** **Pegasus vs ACE Hawks**
Coach: Susan Chan-Foon Mob: 0435 408 806 Email: schanfoon@gmail.com

Round 7: Saturday 10 May at 12.30pm Court: 2 Versus: ACE Herons

 **Inter 4 - Apollo** **Apollo (27) vs Panthers Purr (16)**
Coach: Helen Williams Mob: 0421 321 143 Email: heltrev5@hotmail.com

Nice start to this game girls. Shows what we can do but unfortunately unfitness in some really pulls the team down. Once we get our second wind we seem to be able to play evenly and consistently but we need to do this for all four quarters. I can see the improvement in our team play which is what we have been working towards. We now have to work on our game play which is practically non-existent. We don't want to be running up and down the court hoping the ball gets to our shooters. Our shooters can't just stand and wait for the ball to be placed in their hands either. So let's think whilst we are playing.

Our defence of Kiana, Samantha and Tamara was just wonderful - you all played so well - reading the ball and getting intercepts left right and centre. Well done.

Round 7: Saturday 10 May at 12.30pm Court: 7 Versus: Sandgate Hawks Sharks

-  **Inter 4 - Antares** **Antares vs Bye Round**
Coach: Donna Schlatter **Mob: 0402 071 940** **Email: dschlatter.2@gmail.com**
- No match report - bye round
- Round 7: Saturday 10 May at 12.30pm Court: 6 Versus: Panthers Purr
-  **Div 1 - Lynx** **Lynx vs Brothers Team 01**
Organiser: Lana Spice **Mob: 0412 388 630** **Email: starzcoach@pineriversunited.org.au**
- Round 7: Saturday 10 May at 3.30pm Court: 1 Versus: Pinecones Ruby
-  **Div 3 - Aquarius** **Aquarius vs Blues Stingers**
Coach: Karen Cooke **Mob: 0426 077 977** **Email: kaz.cooke@yahoo.com**
- Round 7: Saturday 10 May at 3.30pm Court: 4 Versus: North Pine
-  **Div 3 - Aquila** **Aquila vs Bye Round**
Organiser: Erika Sivyer
- No match report - bye round
- Round 7: Saturday 10 May at 3.30pm Court: 5 Versus: Brothers North 2
-  **Div 4 - Glimmer** **Glimmer vs Bye Round**
Coach: Jaane Paul **Mob: 0466 185 436** **Email: jaane.paul@gmail.com**
- No match report - bye round
- Round 7: Saturday 10 May at 2.00pm Court: 8 Versus: Blues Swordfish
-  **Div 4 - Novas** **Novas (35) vs Brothers North 3 (21)**
Coach: Kim Chambers **Mob: 0414 686 204** **Email: kimchambers@optusnet.com.au**
- A good win today girls. We started off bit slow today finding it a little hard to find that consistency. After we settled we found momentum in our play and were able to capitalise on our opportunities. We took a strong lead into halftime with a 20-9 score line. As always great team work, determination and calm controlled play set the tone for a better last half. As a team we realised we needed some 'talk' on court and we all put the effort in today to give that little more encouragement and it provided that spark to do better. Well done girls.
- Round 7: Saturday 10 May at 2.00pm Court: 10 Versus: Scorpions Sapphires
-  **Div 5 - Capella** **Capella vs Sandgate Hawks**
Organiser: Melissa Johnston **Mob: 0407 140 318** **Email: cjo68380@bigpond.net.au**
- Round 7: Saturday 10 May at 3.30pm Court: 9 Versus: ACE Foxes

Our Committee members are available to help you in any way they can. Please do not hesitate to approach any one of the Executive with any queries or concerns that you may have. We also welcome any constructive comments on any aspect of United Starz.

THE COMMITTEE CANNOT ASSIST YOU IF WE DO NOT KNOW THERE IS AN ISSUE!



Yours in Netball United Starz Netball Committee

PRNA SEASON DATES

EVENT	DATES	NOTES
Winter Day Season Rounds 1-15 Saturday Fixtures	March 15, 22, 29 April 5, 12 May 3, 10, 17, 24, 31 June 14, 21 July 19, 26 August 2	Rounds 1-3 Rounds 4-5 Rounds 6-10 Rounds 11-12 Rounds 13-14 Rounds 15
Winter Day Finals Series Saturdays	August 9 August 16 August 23	Semi-Finals Preliminary Finals Grand Finals
NO GAMES PLAYED (including Net Set Go)	April 19 April 26 June 7 June 28 July 5 July 12	Easter Saturday School Holidays State Age Carnival (7,8,9 June) School Holidays School Holidays Challenge Carnival (11,12,13 July)
Net Set Go Sign On Program 1	March 15 May 3 - July 19	9.00-11.00am at PRNA 8.00-9.00am weekly Saturday
Representative Carnival Seniors Club Carnival Ages 12's - Opens	Sunday 18 May Sunday 20 July	Nominations close 7 May Nominations close 9 July